The spreadsheet has	been	abb	revia	ated	to ma	ke ro	oom	for a	all ch	noice	s to	be v	iewe	d or	one	pag	je. F	lere	are	the a	actua	al op	tions	s:																
Daily Meditation Prac	ctice: 1	⅓ ho	ur, 1	hou	r, mor	е																																		
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24-Hour Mini-Retreat	ts: mo	nthly	, eve	ery o	ther n	nonth	h, qı	uarte	erly																															
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Enter Name	Daily Meditation Partner/Poor				d Private Sessions with Dale				Group Guidance Conference Group Guidance Calls Conference Call				nce	e 24-hour mini- s retreats			Day of Heartwork				Retreat						Questions/Comm			Comm	ients?									
	1/4 hr	1 hr	Mon	o \//k	e/o Wk	10/1	e/	/o	Mo.	e/o	Ort	Mo	e/o	1 h	1.5	5	hr N	10	e/o	Ort	Mo	e/o	0		2	4		5												
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